

Community Health Needs Assessment Implementation Plan

2019

► Saint Luke's Health System



About Saint Luke's Health System

Kansas City Orthopaedic Institute (KCOI) is a joint-venture of Saint Luke's Hospital of Kansas City (SLH). Saint Luke's Hospital of Kansas City is a hospital within the Saint Luke's Health System. The health system has 18 hospitals and campus locations throughout the Kansas City region. The health system also includes home health, hospice, and behavioral health care, as well as multiple physician practices.

Saint Luke's Health System Mission

Saint Luke's Health System is a faith-based, not-for-profit community hospital committed to the highest levels of excellence in providing health care and health related services in a caring environment. As a member of Saint Luke's Health System, we are committed to enhancing the physical, mental, and spiritual health of the communities we serve.

Saint Luke's Health System Vision

The best place to get care. The best place to give care.

Community Health Needs Assessment Objectives

Kansas City Orthopaedic Institute (KCOI) conducted its third Community Health Needs Assessment (CHNA) in order to better understand and serve the needs of the community. As part of the 2010 Affordable Care Act, all tax-exempt hospitals must complete a CHNA every three years. The CHNA addresses the health needs in the community and prioritizes the identified needs. The hospital is then responsible for completing an implementation strategy for the community health needs identified.

Community Health Needs Assessment Summary

An effort to understand and create a healthier community requires collaboration and input from many community stakeholders. Through data research and key conversations in the Johnson County community, this CHNA pulls together community findings and addresses top health priorities to help improve community health over the next three years.

I. Introduction

About Kansas City Orthopaedic Institute

Kansas City Orthopaedic Institute (KCOI) was created through a strategic alliance between leading orthopaedic surgeons in Kansas City and Saint Luke's Hospital of Kansas City. The hospital specializes in providing comprehensive inpatient and outpatient treatment of orthopaedic disorders. KCOI services include:

- Inpatient and outpatient surgery for all orthopaedic subspecialties
- Rehabilitation, including physical therapy and occupational therapy
- Magnetic resonance imaging (MRI)
- Interventional pain treatment provided by board-certified physiatrists
- Urgent care after-hours clinic

KCOI consistently achieves exceptional quality and patient satisfaction scores. The hospital is equipped with seventeen staffed inpatient beds, eight operating rooms, a magnetic resonance imaging department, and a rehabilitation department providing physical and occupational therapy.

II. Purpose of Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2019 Community Health Needs Assessment (CHNA) prepared for Kansas City Orthopaedic Institute (KCOI). This Plan serves as KCOI's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Kansas City Orthopaedic Institute (KCOI), as well as through a review of existing community benefit activities.

IV. Community Health Needs

Kansas City Orthopaedic Institute (KCOI) undertook a structured approach to determine priority health needs including analysis of public health data and input from a broad range of community members. Priority needs were also identified based on input from several groups of hospital representatives and outside agencies providing services in the community. The Community Health Needs Assessment (CHNA) identified three priority health needs:

- Behavioral Health Care
- Improve Access to Care
- Increase Access to Physical Activity and Nutrition

V. What Kansas City Orthopaedic Institute Will Do to Address Priority Needs

Kansas City Orthopaedic Institute (KCOI) is proud to continue its tradition of providing top-quality health care through experienced and dedicated doctors, nurses, therapists, and support staff. Along with the specific programs detailed below, KCOI will continue to meet community needs by offering a wide range of services in a comprehensive health care facility. The following section outlines how KCOI plans to address the priority needs identified in the 2019 Community Health Needs Assessment (CHNA).

Priority One: Behavioral Health Care

Johnson County continues to be above the Kansas benchmark and above the national benchmark in regard to the number of poor mental health days reported; but continues to struggle with a range of behavioral health needs. Accessing behavioral health services can help manage chronic disease, prevent hospitalizations, and decrease domestic violence, substance abuse and violent crimes. Addressing behavioral health needs can have a cascading effect on the secondary issues facing the community.

Implementation Strategies

KCOI is committed to providing services to support behavioral health in Johnson County. KCOI will provide the following services in addressing behavioral health as a priority need:

Milestone/ Sub- Activity	Description	Measures	Start Date	End Date
1	Behavioral Health Care			
1.1	KCOI physicians can help identify those patients who show signs of broken bones caused by domestic violence or abuse. Staff members at KCOI follow a robust policy put into place to ensure any patient indicating a need for advocacy, protection or shelter will be referred to the appropriate resources. KCOI will continue to provide education on this topic to staff members.	Policy maintained	01.01.2020	12.31.2022
1.2	KCOI will continue to refer patients to SAFEHOME should the need be assessed. SAFEHOME is a local organization dedicated to providing shelter, advocacy, counseling and education to domestic violence victims within the community.	Policy maintained	01.01.2020	12.31.2022

Priority Two: Improve Access to Care

Access to care for low-income individuals was identified in the CHNA as a priority need for the community served by KCOI. U.S. Census data for 2018 notes that 5.3 percent of Johnson County residents live in poverty. The high cost of health care can be a barrier to access for both insured people and the uninsured. Adults in worse health, those with low incomes and the uninsured are much more likely than others to delay or forgo health services due to costs. Providing better access to care for low-income individuals would help improve the general health of the entire community.

Implementation Strategies

KCOI will work to expand access to comprehensive, quality health care services for low-income individuals. KCOI will implement the following strategies in addressing access to care as a priority need:

Milestone/ Sub- Activity	Description	Measures	Start Date	End Date
2	Improve Access to Care			
2.1	KCOI has in place Charity Care and Financial Assistance protocols and will make those processes readily available for those who qualify in order to increase access.	Policy maintained	01.01.2020	12.31.2022
2.2	KCOI will advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.	On-going advocacy	01.01.2020	12.31.2022
2.3	Aid a number of Wy/Jo Care cases per year that KCOI supports through provision of care and services.	Partnership maintained/ Number of cases	01.01.2020	12.31.2022
2.4	Continue to provide access to care through the urgent care clinic with extended appointment hours.	Access maintained	01.01.2020	12.31.2022
2.5	KCOI will host the local chapter of the National Association for Orthopaedic Nurses' medical education program for mid-level clinicians that provide access to care for all patients.	Number of registrants/ evaluation	01.01.2020	12.31.2022

Priority Three: Increase Access to Physical Activity and Nutrition

Adult obesity is becoming an epidemic in the U.S. and increases the risk for countless health conditions. In Johnson County, the percent of adults who are obese (BMI > 30) and adults who are overweight have been increasing over time. The obesity percentage is below the state average, but the percentage of overweight adults is above the state average and an area of concern for the country as a whole. Decreased physical activity has been related to several disease conditions such as Type 2 diabetes, hypertension, cardiovascular disease, cancer, stroke and premature mortality. Johnson County has demonstrated a need for increased physical activity and nutrition for the members of the community.

Implementation Strategies

KCOI will work to improve the access to physical activity and healthy nutrition in Johnson County. KCOI will provide the following services dedicated to nutrition and physical activity:

Milestone/ Sub- Activity	Description	Measures	Start Date	End Date
3	Increase Access to Physical Activity & Nutrition			
3.1	Continue strategies for optimizing patients for surgery such as incorporating nutrition and physical activity themes in preoperative education to patients.	Policy maintained	01.01.2020	12.31.2022
3.2	Provide resources and education for primary service area regarding physical activity.	Resources provided	01.01.2020	12.31.2022

◆ Contact us

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